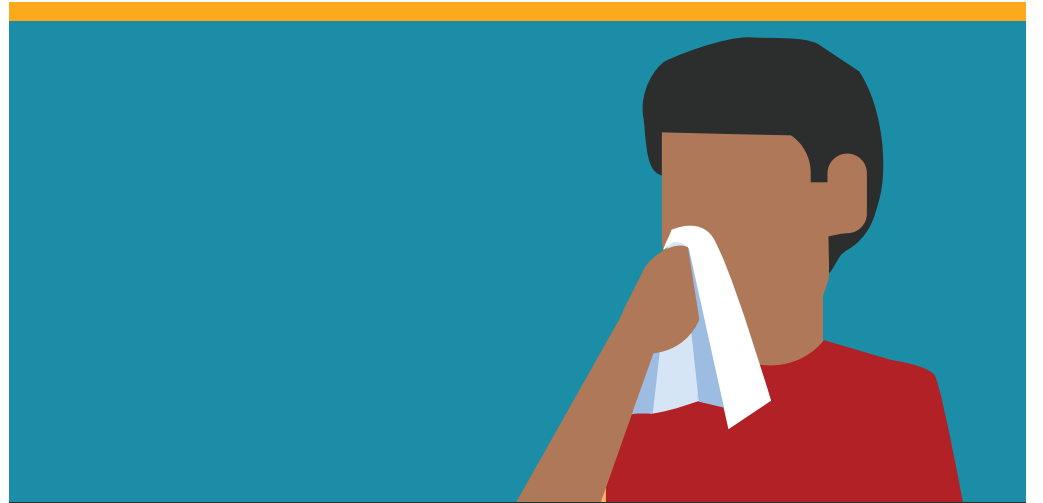


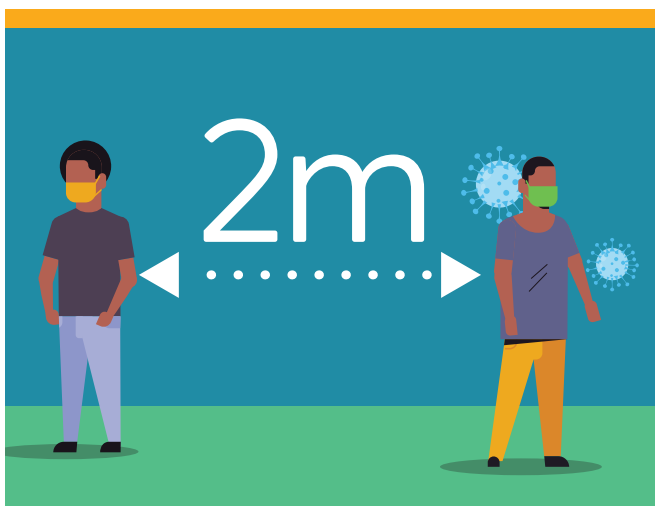
THIBELA HO ATA HOA LIKOKOANA-HLOKO



Entela COVID-19.



Khohlella kapa ho thimolela holima pampiri, ebe u e lahlela kahara moqomo oa lithole 'me u hlape matsoho.



Ema bonyane bolele ba limithara tse 2 tse arohaneng thoko le batho ba bang.



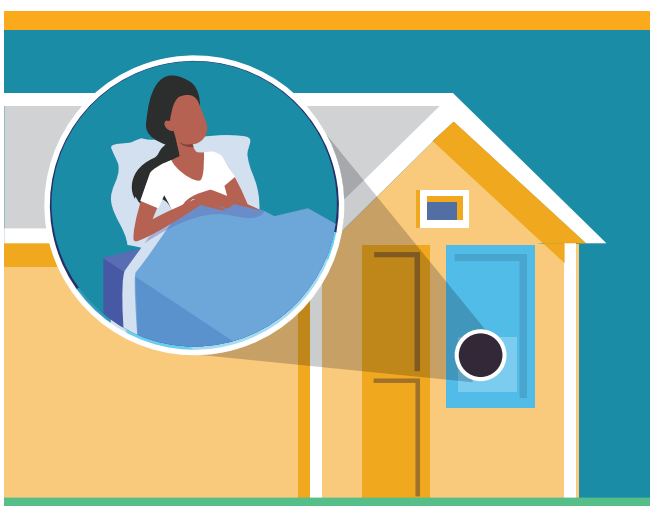
Ha u le bathong, roala semonkoana u koahele nko le molomo.



Qoba ho itsoara mahlo, nko kapa molomo.



Hloekisa lisebelisoa le libaka tse tsoaroang ke batho ba hangata ka sebolaea likokoana-hloko.



Lula hae ha u kula ntle le ha u ea ngakeng.



Hlapa matsoho khafetsa ka sesepa bonyane metsotsoana e mashome a mabeli.

Source: CDC